

Get involved

At Pride in Labour, we believe that the strength of our movement lies in the diversity and authenticity of our voices. We are committed to amplifying the experiences, challenges, and triumphs of LGBTQIA+ people in every part of our community. That is why we are inviting you to join the conversation and share your perspective by submitting **videos** or **blogs** that focus on issues that are close to your heart as an LGBTQIA+ person.

This is your opportunity to bring attention to issues that matter most to you, whether they are related to:

- LGBTQIA+ rights and activism
- Health and wellbeing
- Intersectionality and identity
- Workplace equality
- Social justice
- Political representation

Whatever you have to say, we are here to listen and give you a platform to share your views. If you are interested, continue reading!

Video Submissions

Speak your truth in a video

We welcome you to share your thoughts, experiences, and insights on LGBTQIA+ issues through video submissions. Whether you are a seasoned speaker, or someone just passionate about these issues, your voice matters.

Guidelines for Video Submissions:

Length	Up to 5 minutes long
Content	Videos should be personal, authentic, and focused on LGBTQIA+ topics that resonate with you. Please do not use filters on your video and try not to edit it too much. We will ensure the video is formatted and edited before releasing it.
Format	Please submit your video in MP4 format or provide a Google Drive link

Benefits to Video Submissions:

Videos allow contributors to speak directly to their audience, making it easier to convey
emotion, passion, and authenticity.
Non-verbal cues like facial expressions, tone of voice, and gestures add depth to the
message and can create a stronger impact.
Video submissions can include closed captions or subtitles, making your message accessible
to a wider audience.

Don't worry - we will help you with editing your video and can have a chat before you film to go over any questions or concerns you might have

Written Submissions

Share your story in writing

We are looking for passionate writers to share their unique perspectives on LGBTQIA+ issues. We invite you to submit blogs that highlight your personal experiences, thoughts, or analysis on topics that are close to your heart.

Guidelines for Written Submissions:

Word limit	Up to 1,000 words
Content	Feel free to write a personal story, opinion piece, or analytical blog. All submissions should address an issue that is important to LGBTQIA+ individuals and our community more widely.
Format	Please submit your blog in a Word document or as a Google Docs link

Benefits to Written Submissions:

Written blogs provide the space for more detailed analysis, reflection and structured
arguments, making them ideal for in-depth exploration.
Writers can revise and perfect their message before submitting, ensuring clarity and
precision in their thoughts and arguments.
Written content can be easier to reference and reread, making it a valuable resource for
people looking to revisit or quote the information.
A written format allows contributors to express themselves at their own pace, making it easier
to address sensitive or challenging topics.

Need help? Writing can be difficult sometimes, so if you need a bit of guideance, just get in touch and we can have a chat before you start writing!

How to submit or get support

To submit your work, or if you have any questions, reach out to us via email on prideinlabour@gmail.com or www.prideinlabour.org.uk/contact.

Some important information

- 1. We welcome submissions from individuals who identify as LGBTQIA+ and are supportive of our mission and values. You must be at least 18 years old or have the permission of a legal guardian if you are under 18.
- 2. By submitting your work, you grant Pride in Labour a non-exclusive, royalty-free licence to use, publish, and distribute your content on our website, social media channels, newsletters, and during events.
- 3. Submissions must be original work. Plagiarism will not be tolerated and will be immediately rejected. Any submissions that contain offensive, defamatory, or harmful language, or content that violates the rights of others will be rejected.
- 4. If you wish to remain anonymous, please indicate this at the time of submission, and we will respect your privacy. However, anonymous submissions may have limitations in terms of publication or promotion.
- 5. If you wish to withdraw your submission after it has been approved or published, please let us know in writing. We will remove your content from our platforms as soon as possible, but it may not be feasible to remove it from all locations, particularly if it is shared publicly.
- 6. By submitting content, you acknowledge that you are responsible for ensuring all content is lawful and complies with applicable copyright and intellectual property laws.